

## GETTING STARTED

Remember to see [Introductory Sessions](#)

1 - Attend a Lecture in this area if available and stay for an Entrainment - All Lectures, Work/Life shops including Location, Dates and times will be posted under. AND/OR ; [Notify Dr. G](#) ([http://gentleawakening.com/contact\\_us.html](http://gentleawakening.com/contact_us.html)) if you wish to have a personal consultation with him. Please ask for an updated price at this time.

2 - Attend a work/life shop and experience the deeper aspects of entrainments as well as AcuGates and Chakra Re-Awakening.

3 - Notify Dr. G. at [gap@gentleawakening.com](mailto:gap@gentleawakening.com) that you are interested in Spiritual Awakening, Oneness Awakening or EnerChi Arts Programs and the date of the Work/Life shop(s) you last attended. You will be sent information required to register, including updated prices. Once you have received this information proceed to step 4.

4 - Notify Dr. G. ASAP at [gap@gentleawakening.com](mailto:gap@gentleawakening.com) the date of the course that you will be attending. If possible, arrive 20 minutes earlier on 1st course date to pay and register. Bring Cash, Certified Check or Money Order for the proper amount.

5 – Allow extra time for all to register at 1st course. Arrangements will be made available for personal private sessions.

### Out of Town Participants:

1 - Participate in a long distance phone Introductory Lecture.

2 - Experience the deeper aspects of entrainments as well as Acu-Gates and Chakra Re-Awakening. [Notify Dr. G](#) ([http://gentleawakening.com/contact\\_us.html](http://gentleawakening.com/contact_us.html)) if you wish to have a personal consultation with him. Please ask for an updated price at this time.

Arrange to have a Work/Life shop in your area, over Skype or Conference calling. Price will be determined based on # of people prepaid.

Or

Attend one in Northeast Ohio - prepay 150 for 1 person; 125 each for 2; 100 each for 3; and 90 each for 4 or greater.

Or

Participate in a long distance phone Work/Life shop. [Contact Dr. G.](#) ([http://gentleawakening.com/contact\\_us.html](http://gentleawakening.com/contact_us.html)) for current prices, (+) plus all personal phone expenses incurred.

3 - [Notify Dr. G.](#) ([http://gentleawakening.com/contact\\_us.html](http://gentleawakening.com/contact_us.html)) that you are interested in Spiritual Awakening, Oneness Awakening, or EnerChiArts Programs and the date of the last Work/Life shop(s) you participated in. You will be sent information required to register, including updated prices. Once you have received this information proceed to step 4.

4 - [Notify Dr. G.](#) ([http://gentleawakening.com/contact\\_us.html](http://gentleawakening.com/contact_us.html)) that your payment is on the way. Make payment by Certified Check or Money Order only - 14 days before course begins, to register on time. Dr. G will then send the Official Registration Form for the particular Program best suited for you through E Mail. Send Certified Check or Money Order to **4245 SOM Center Rd. Moreland Hills Ohio 44022.**

4 - Fill out Official Registration Form totally and completely. Sign and initial all areas as requested and return it with a recent picture ASAP to Dr. G by fax or mail (see above address). Fax number will be E-Mailed to you upon registration. Notify Dr. G ASAP if mailed.

5 - Begin your course when the next phone/Skype course is available. These courses have been conducted over the phone since the 1990's and over Skype since 2009 with reliable, practical, proven effects as well as in person. Arrangements will be made available for personal private sessions.

Telecommunication and any other additional fees incurred by the course participant of any nature are the complete responsibility of the course participant at all times. **Please go to ---> [Links](#) ---> [Skype/download for possible free world wide telecommunication link](#).**

**FOR ALL PEP PARTICIPANTS:**

Contact Dr. G. for further Info  
[440 218 2709](tel:4402182709)  
[gap@gentleawakening.com](mailto:gap@gentleawakening.com)

*\* Please Note:*

*In the past, sessions were mainly over the phone, after the initial Gentle Awakening was performed in person one on one - however, in the advent of more international or national course Dr G. has also made all courses available over the phone or Skype in groups.*

*When possible Dr. G. will go to an area and conduct an initial workshop to a group or at the Silent Mind for workshop in Twinsburg, Burton or Moreland Hills Ohio, otherwise this workshop will also be conducted over the phone or Skype. Once one has received entrainments in a workshop orientation/ alignment then we can often time move forward with a particular program, if desired. Currently local classes may also be conducted at Dr. G.'s home in person especially the initial sessions.*